

# March 11th Wed Readings: You are Ageless!



## The Bible

### 1. Ps. 102:24–27

- 24 I said, O my God, take me not away in the midst of my days: thy years are throughout all generations.
- 25 Of old hast thou laid the foundation of the earth: and the heavens are the work of thy hands.
- 26 They shall perish, but thou shalt endure: yea, all of them shall wax old like a garment; as a vesture shalt thou change them, and they shall be changed:
- 27 But thou art the same, and thy years shall have no end.



## New Living Translation

### Genesis 18: 9-14

9 “Where is Sarah, your wife?” the visitors asked. “She’s inside the tent,” Abraham replied.

10 Then one of them said, “I will return to you about this time next year, and your wife, Sarah, will have a son!”

Sarah was listening to this conversation from the tent.

11 Abraham and Sarah were both very old by this time, and Sarah was long past the age of having children.

12 So she laughed silently to herself and said, “How could a worn-out woman like me enjoy such pleasure, especially when my master—my husband—is also so old?”

13 Then the LORD said to Abraham, “Why did Sarah laugh? Why did she say, ‘Can an old woman like me have a baby?’

14 Is anything too hard for the LORD ? I will return about this time next year, and Sarah will have a son.”

## **2. Prov. 9:9–11**

9 Give instruction to a wise man, and he will be yet wiser: teach a just man, and he will increase in learning.

10 The fear of the Lord is the beginning of wisdom: and the knowledge of the holy is understanding.

11 For by me thy days shall be multiplied, and the years of thy life shall be increased.

## **3. Gen. 21:1–3**

1 And the Lord visited Sarah as he had said, and the Lord did unto Sarah as he had spoken.

2 For Sarah conceived, and bare Abraham a son in his old age, at the set time of which God had spoken to him.

3 And Abraham called the name of his son that was born unto him, whom Sarah bare to him, Isaac.

## **4. Job 11:7, 8, 15–17**

7 Canst thou by searching find out God? canst thou find out the Almighty unto perfection?

8 It is as high as heaven; what canst thou do? deeper than hell; what canst thou know?

15 For then shalt thou lift up thy face without spot; yea, thou shalt be stedfast, and shalt not fear:

16 Because thou shalt forget thy misery, and remember it as waters that pass away:

17 And thine age shall be clearer than the noonday; thou shalt shine forth, thou shalt be as the morning.

## 5. Gal. 4:6, 7, 9, 10

- 6 And because ye are sons, God hath sent forth the Spirit of his Son into your hearts, crying, Abba, Father.
- 7 Wherefore thou art no more a servant, but a son; and if a son, then an heir of God through Christ.
- 9 But now, after that ye have known God, or rather are known of God, how turn ye again to the weak and beggarly elements, whereunto ye desire again to be in bondage?
- 10 Ye observe days, and months, and times, and years.

## 6. Prov. 4:7–13

- 7 Wisdom is the principal thing; therefore get wisdom: and with all thy getting get understanding.
- 8 Exalt her, and she shall promote thee: she shall bring thee to honour, when thou dost embrace her.
- 9 She shall give to thine head an ornament of grace: a crown of glory shall she deliver to thee.
- 10 Hear, O my son, and receive my sayings; and the years of thy life shall be many.
- 11 I have taught thee in the way of wisdom; I have led thee in right paths.
- 12 When thou goest, thy steps shall not be straitened; and when thou runnest, thou shalt not stumble.
- 13 Take fast hold of instruction; let her not go: keep her; for she is thy life.

## 7. Zech. 1:12

- 12 ¶ Then the angel of the Lord answered and said, O Lord of hosts, how long wilt thou not have mercy on Jerusalem and on the cities of Judah, against which thou hast had indignation these threescore and ten years?

## **8. Ps. 90:1–4**

- 1 Lord, thou hast been our dwelling place in all generations.
- 2 Before the mountains were brought forth, or ever thou hadst formed the earth and the world, even from everlasting to everlasting, thou art God.
- 3 Thou turnest man to destruction; and sayest, Return, ye children of men.
- 4 For a thousand years in thy sight are but as yesterday when it is past, and as a watch in the night.

## **9. Ps. 90:9–12**

- 9 For all our days are passed away in thy wrath: we spend our years as a tale that is told.
- 10 The days of our years are threescore years and ten; and if by reason of strength they be fourscore years, yet is their strength labour and sorrow; for it is soon cut off, and we fly away.
- 11 Who knoweth the power of thine anger? even according to thy fear, so is thy wrath.
- 12 So teach us to number our days, that we may apply our hearts unto wisdom.

## **10. Joel 2:21–25**

- 21 ¶ Fear not, O land; be glad and rejoice: for the Lord will do great things.
- 22 Be not afraid, ye beasts of the field: for the pastures of the wilderness do spring, for the tree beareth her fruit, the fig tree and the vine do yield their strength.
- 23 Be glad then, ye children of Zion, and rejoice in the Lord your God: for he hath given you the former rain moderately, and he will cause to come down for you the rain, the former rain, and the latter rain in the first month.
- 24 And the floors shall be full of wheat, and the vats shall overflow

with wine and oil.

- 25 And I will restore to you the years that the locust hath eaten, the cankerworm, and the caterpillar, and the palmerworm, my great army which I sent among you.

## 11. II Pet. 3:8

- 8 But, beloved, be not ignorant of this one thing, that one day is with the Lord as a thousand years, and a thousand years as one day.



## Science & Health

### 1. SH 246:10–26

The measurement of life by solar years robs youth and gives ugliness to age. The radiant sun of virtue and truth  
12 coexists with being. Manhood is its eternal noon, undimmed by a declining sun. As the physical and material, the transient sense of beauty fades, the radiance of  
15 Spirit should dawn upon the enraptured sense with bright and imperishable glories.

Never record ages. Chronological data are no part  
18 of the vast forever. Time-tables of birth and death are so many conspiracies against manhood and womanhood. Except for the error of meas-  
21 uring and limiting all that is good and beautiful, man would enjoy more than threescore years and ten and still maintain his vigor, freshness, and promise. Man,  
24 governed by immortal Mind, is always beautiful and grand. Each succeeding year unfolds wisdom, beauty, and holiness.

Undesirable  
records

### 2. SH 214:28

Neither age nor

accident can interfere with the senses of Soul,  
30 and there are no other real senses. It is evident that the  
body as matter has no sensation of its own, and there is no  
oblivion for Soul and its faculties. Spirit's senses are with-  
1 out pain, and they are forever at peace. Nothing can hide  
from them the harmony of all things and the might and  
3 permanence of Truth.

### 3. SH 236:28

Jesus loved little children because of their freedom  
from wrong and their receptiveness of right. While  
30 age is halting between two opinions or battling with  
false beliefs, youth makes easy and rapid strides towards  
Truth.

### 4. SH 245:1–17

1 The error of thinking that we are growing old, and the  
benefits of destroying that illusion, are illustrated in a  
3 sketch from the history of an English woman, published  
in the London medical magazine called The Lancet.

Disappointed in love in her early years, she became  
6 insane and lost all account of time. Believing that she  
was still living in the same hour which parted  
her from her lover, taking no note of years,  
9 she stood daily before the window watching for her  
lover's coming. In this mental state she remained young.  
Having no consciousness of time, she literally grew no  
12 older. Some American travellers saw her when she was  
seventy-four, and supposed her to be a young woman.  
She had no care-lined face, no wrinkles nor gray hair, but  
15 youth sat gently on cheek and brow. Asked to guess her  
age, those unacquainted with her history conjectured that  
she must be under twenty.

## 5. SH 246:32–9; 247:13

Acute and chronic beliefs reproduce their own types.

- 1 The acute belief of physical life comes on at a remote period, and is not so disastrous as the chronic belief.
- 3 I have seen age regain two of the elements it had lost, sight and teeth. A woman of eighty-five, whom I knew, had a return of sight. Another woman at
- 6 ninety had new teeth, incisors, cuspids, bicuspids, and one molar. One man at sixty had retained his full set of upper and lower teeth without
- 9 a decaying cavity.

Eyes  
and teeth  
renewed

Eternal  
beauty

Im-

- mortality, exempt from age or decay, has a glory of its
- 15 own, — the radiance of Soul. Immortal men and women are models of spiritual sense, drawn by perfect Mind and reflecting those higher conceptions of loveliness
- 18 which transcend all material sense.

## 6. SH 125:21

- 21 The seasons will come and go with changes of time and tide, cold and heat, latitude and longitude. The agriculturist will find that these changes cannot
- 24 affect his crops. “As a vesture shalt Thou change them and they shall be changed.” The mariner will have dominion over the atmosphere and the great
- 27 deep, over the fish of the sea and the fowls of the air. The astronomer will no longer look up to the stars, — he will look out from them upon the universe; and the
- 30 florist will find his flower before its seed.

The time  
and tide

## 7. SH 598:19–2

**YEAR.** A solar measurement of time; mortality;

space for repentance.

21 “One day is with the Lord as a thousand years.”  
(II Peter iii. 8.)

24 One moment of divine consciousness, or the spiritual  
understanding of Life and Love, is a foretaste of eternity.  
This exalted view, obtained and retained when the Sci-  
27 ence of being is understood, would bridge over with life  
discerned spiritually the interval of death, and man  
would be in the full consciousness of his immortality and  
eternal harmony, where sin, sickness, and death are un-  
30 known. Time is a mortal thought, the divisor of which  
1 is the solar year. Eternity is God's measurement of Soul-  
filled years.



## Hymns

### 1. Hymn. 469:1

Eternal God, the Cause of all creation,  
Your goodness shines through all eternity.  
From age to age Your name has been exalted,  
Your glory fills the earth, the sky, and sea.  
Almighty One, creative Mind, our Maker,  
Which was, and is, and evermore shall be.

### 2. Hymn. 479:3

See, the streams of living waters,  
Springing from eternal Love,  
Well supply your sons and daughters,  
And all fear of want remove.  
None can faint, while such a river  
Ever shall their thirst assuage.

Grace, which like the Lord, the giver,  
Never fails from age to age.

**3. Hymn. 363:2**

On mightier wing, in loftier flight,  
From year to year does knowledge soar;  
And, as it soars, the Gospel light  
Becomes effulgent more and more.

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