

# March 4th: Purity is your native quality!



## The Bible

### 1. Isa. 26:3

- 3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

### 2. Ps. 51:2, 3, 10

- 2 Wash me thoroughly from mine iniquity, and cleanse me from my sin.
- 3 For I acknowledge my transgressions: and my sin is ever before me.
- 10 Create in me a clean heart, O God; and renew a right spirit within me.



## Good News Translation

### Daniel 1: 3-20

3 The king ordered Ashpenaz, his chief official, to select from among the Israelite exiles some young men of the royal family and of the noble families.

4 They had to be handsome, intelligent, well-trained, quick to learn, and free from physical defects, so that they would be qualified to serve in the royal court. Ashpenaz was to teach them to read and write the Babylonian language.

5 The king also gave orders that every day they were to be given the same food and wine as the members of the royal court. After three years of this training they were to appear before the king.

6 Among those chosen were Daniel, Hananiah, Mishael, and Azariah, all of whom were from the tribe of Judah.

7 The chief official gave them new names: Belteshazzar, Shadrach, Meshach, and Abednego.

8 Daniel made up his mind not to let himself become ritually unclean by eating the food and drinking the wine of the royal court, so he asked Ashpenaz to help him,

9 and God made Ashpenaz sympathetic to Daniel.

10 Ashpenaz, however, was afraid of the king, so he said to Daniel, "The king has decided what you are to eat and drink, and if you don't look as fit as the other young men, he may kill me."

11 So Daniel went to the guard whom Ashpenaz had placed in charge of him and his three friends.

12 "Test us for ten days," he said. "Give us vegetables to eat and water to drink.

13 Then compare us with the young men who are eating the food of the royal court, and base your decision on how we look."

14 He agreed to let them try it for ten days.

15 When the time was up, they looked healthier and stronger than all those who had been eating the royal food.

16 So from then on the guard let them continue to eat vegetables instead of what the king provided.

17 God gave the four young men knowledge and skill in literature and philosophy. In addition, he gave Daniel skill in interpreting visions and dreams.

18 At the end of the three years set by the king, Ashpenaz took all the young men to Nebuchadnezzar.

19 The king talked with them all, and Daniel, Hananiah, Mishael, and Azariah impressed him more than any of the others. So they became members of the king's court.

20 No matter what question the king asked or what problem he raised, these four knew ten times more than any fortuneteller or magician in his whole kingdom.

### 3. II Cor. 6:4–11, 16–18

- 4 But in all things approving ourselves as the ministers of God, in much patience, in afflictions, in necessities, in distresses,
- 5 In stripes, in imprisonments, in tumults, in labours, in watchings, in fastings;
- 6 By pureness, by knowledge, by longsuffering, by kindness, by the Holy Ghost, by love unfeigned,
- 7 By the word of truth, by the power of God, by the armour of righteousness on the right hand and on the left,
- 8 By honour and dishonour, by evil report and good report: as deceivers, and yet true;
- 9 As unknown, and yet well known; as dying, and, behold, we live; as chastened, and not killed;
- 10 As sorrowful, yet alway rejoicing; as poor, yet making many rich; as having nothing, and yet possessing all things.
- 11 O ye Corinthians, our mouth is open unto you, our heart is enlarged.
- 16 And what agreement hath the temple of God with idols? for ye are the temple of the living God; as God hath said, I will dwell in them, and walk in them; and I will be their God, and they shall be my people.
- 17 Wherefore come out from among them, and be ye separate, saith the Lord, and touch not the unclean thing; and I will receive you,
- 18 And will be a Father unto you, and ye shall be my sons and daughters, saith the Lord Almighty.

### 4. I Tim. 4:12

- 12 Let no man despise thy youth; but be thou an example of the believers, in word, in conversation, in charity, in spirit, in faith, in purity.

## 5. Matt. 5:48

48 Be ye therefore perfect, even as your Father which is in heaven is perfect.



### Science & Health

#### 1. SH 337:14

XXVI. Christian Science demonstrates that none but  
15 the pure in heart can see God, as the gospel  
teaches. In proportion to his purity is man  
perfect; and perfection is the order of celestial  
18 being which demonstrates Life in Christ, Life's spiritual  
ideal.

Purity the  
path to  
perfection

#### 2. SH 332:26

Mary's conception of  
27 him was spiritual, for only purity could reflect Truth  
and Love, which were plainly incarnate in the good and  
pure Christ Jesus. He expressed the highest type of  
30 divinity, which a fleshly form could express in that age.  
Into the real and ideal man the fleshly element cannot  
enter. Thus it is that Christ illustrates the coincidence,  
1 or spiritual agreement, between God and man in His  
image.

Christ  
Jesus

#### 3. SH 31:12–22 (to .)

12 First in the list of Christian duties, he taught his fol-  
lowers the healing power of Truth and Love. He attached  
no importance to dead ceremonies. It is the  
15 living Christ, the practical Truth, which makes  
Jesus “the resurrection and the life” to all who follow him

Healing  
primary

in deed. Obeying his precious precepts, — following his  
18 demonstration so far as we apprehend it, — we drink of  
his cup, partake of his bread, are baptized with his pu-  
rity; and at last we shall rest, sit down with him, in a full  
21 understanding of the divine Principle which triumphs  
over death.

#### 4. SH 509:24

24 The periods of  
spiritual ascension are the days and seasons of Mind's  
creation, in which beauty, sublimity, purity, and holiness  
27 — yea, the divine nature — appear in man and the uni-  
verse never to disappear.

#### 5. SH 581:4

ANGELS. God's thoughts passing to man; spiritual  
intuitions, pure and perfect; the inspiration of goodness,  
6 purity, and immortality, counteracting all evil, sensuality,  
and mortality.

#### 6. SH 584:26

DOVE. A symbol of divine Science; purity and peace;  
27 hope and faith.

#### 7. SH 99:23

The calm, strong currents of true spirituality, the  
24 manifestations of which are health, purity, and self-  
immolation, must deepen human experience, until the  
beliefs of material existence are seen to be a bald imposi-  
27 tion, and sin, disease, and death give everlasting place  
to the scientific demonstration of divine Spirit and to  
God's spiritual, perfect man.

## 8. SH 7:17

Physical sensation, not Soul, produces material ec-  
18 stasy and emotion. If spiritual sense always guided  
men, there would grow out of ecstatic mo-  
ments a higher experience and a better life  
21 with more devout self-abnegation and purity. A self-  
satisfied ventilation of fervent sentiments never makes  
a Christian. God is not influenced by man. The “di-  
24 vine ear” is not an auditory nerve. It is the all-hearing  
and all-knowing Mind, to whom each need of man is  
always known and by whom it will be supplied.

Emotional  
utterances

## 9. SH 371:27

27 The necessity for uplifting the race is father to  
the fact that Mind can do it; for Mind can impart  
purity instead of impurity, strength instead of weak-  
30 ness, and health instead of disease. Truth is an altera-  
tive in the entire system, and can make it “every whit  
whole.”

## 10. SH 115:19–5

### SCIENTIFIC TRANSLATION OF MORTAL MIND

First Degree: Depravity.

21 Physical. Evil beliefs, passions and appetites, fear,  
depraved will, self-justification, pride, envy, de-  
ceit, hatred, revenge, sin, sickness, disease,  
24 death.

Unreality

Second Degree: Evil beliefs disappearing.

Moral. Humanity, honesty, affection, com-  
27 passion, hope, faith, meekness, temperance.

Transitional  
qualities

1 Third Degree: Understanding.

Spiritual. Wisdom, purity, spiritual understanding,  
3 spiritual power, love, health, holiness.

Reality

In the third degree mortal mind disappears, and man as God's image appears.

### 11. SH 15:25

Christians rejoice in secret beauty and bounty, hidden from the world, but known to God. Self-forgetfulness, 27  
purity, and affection are constant prayers.  
Practice not profession, understanding not  
belief, gain the ear and right hand of omnipotence and  
30 they assuredly call down infinite blessings. Trustworthi-  
ness is the foundation of enlightened faith. Without a  
fitness for holiness, we cannot receive holiness.

Trustworthy  
beneficence

### 12. SH 35:30–4

30 The design of Love is to reform the sinner. If the  
sinner's punishment here has been insufficient to re-  
form him, the good man's heaven would be a hell to  
1 the sinner. They, who know not purity and affection by  
experience, can never find bliss in the blessed company of  
3 Truth and Love simply through translation  
into another sphere.

Final  
purpose

### 13. SH 60:4

Kindred tastes, motives, and aspirations are necessary to the formation of a happy and permanent companion- 6  
ship. The beautiful in character is also the  
good, welding indissolubly the links of affec-  
tion. A mother's affection cannot be weaned from her  
9 child, because the mother-love includes purity and con-  
stancy, both of which are immortal. Therefore maternal  
affection lives on under whatever difficulties.

Permanent  
affection

#### 14. SH 272:19–25

It is the spiritualization of thought and Christianization  
of daily life, in contrast with the results of the ghastly farce  
21 of material existence; it is chastity and purity,  
in contrast with the downward tendencies  
and earthward gravitation of sensualism and impurity,  
24 which really attest the divine origin and operation of Chris-  
tian Science.

Unspiritual  
contrasts

#### 15. SH 58:7

Unselfish  
ambition, noble life-motives, and purity, —  
9 these constituents of thought, mingling, constitute in-  
dividually and collectively true happiness, strength, and  
permanence.

Chord and  
discord

#### 16. SH 323:6

6 Through the wholesome chastisements of Love, we  
are helped onward in the march towards righteousness,  
peace, and purity, which are the landmarks  
9 of Science. Beholding the infinite tasks of  
truth, we pause, — wait on God. Then we push onward,  
until boundless thought walks enraptured, and concep-  
12 tion unconfined is winged to reach the divine glory.

A bright  
outlook



### Hymns

#### 1. Hymn. 371

We lift our hearts in praise,  
O God of Life, to Thee,  
And would reflect in all our ways



Thy purity.  
Thy thoughts our lives enfold,  
And free us from all fear;  
All strife is stilled, all grief consoled,  
For Thou art here.

We lift our hearts in praise,  
O God of Truth, to Thee,  
And find within Thy perfect law  
Our liberty.  
We bless Thy mighty name  
In this exalted hour,  
And to the world in faith proclaim  
Thy healing power.

We lift our hearts in praise,  
O God of Love, to Thee,  
With joy to find through darkened days  
Thy harmony.  
O Father-Mother Love,  
We triumph 'neath Thy rod,  
We glory in Thy light, and prove  
That Thou art God.

## **2. Hymn. 569**

Saw ye my Saviour? Heard ye the glad sound?  
Felt ye the power of the Word?  
'Twas the Truth that made us free,  
And was found by you and me  
In the life and the love of our Lord.

Mourner, it calls you, — “Come to my bosom,  
Love wipes your tears all away,  
And will lift the shade of gloom,

And for you make radiant room  
Midst the glories of one endless day.”

Sinner, it calls you, — “Come to this fountain,  
Cleanse the foul senses within;  
'Tis the Spirit that makes pure,  
That exalts thee, and will cure  
All thy sorrow and sickness and sin.”

Strongest deliverer, friend of the friendless,  
Life of all being divine:  
Thou the Christ, and not the creed;  
Thou the Truth in thought and deed;  
Thou the water, the bread, and the wine.

### **3. Hymn. 554:1**

One by one, pure thoughts and holy  
Lift us out of self and sin;  
One by one, bright gleams of glory  
Show the goal we all will win.  
One by one, our trusts are strengthened,  
As our lives to God we give;  
One by one, our days are lengthened,  
While in Love we move and live.